

Osmania University Common Entrance Test

Notations :

- Options shown in green color and with ✓ icon are correct.
- Options shown in red color and with ✗ icon are incorrect.

Question Paper Name:	MPed 11th June 2018 Shift3
Subject Name:	M.P.Ed.
Creation Date:	2018-06-11 19:34:53
Duration:	90
Total Marks:	75
Display Marks:	No
Calculator:	None
Magnifying Glass Required?:	No
Ruler Required?:	No
Eraser Required?:	No
Scratch Pad Required?:	No
Rough Sketch/Notepad Required?:	No
Protractor Required?:	No

MPed

Group Number :	1
Group Id :	359181150
Group Maximum Duration :	0
Group Minimum Duration :	90
Revisit allowed for view? :	No
Revisit allowed for edit? :	No
Break time:	0
Group Marks:	75

PART A

Section Id :	359181325
Section Number :	1
Section type :	Online
Mandatory or Optional:	Mandatory
Number of Questions:	75
Number of Questions to be attempted:	75
Section Marks:	75
Display Number Panel:	Yes
Group All Questions:	No

Sub-Section Number:	1
Sub-Section Id:	359181345
Question Shuffling Allowed :	Yes

Question Number : 1 Question Id : 35918115511 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

During Heavy Exercise the supply of blood increases towards

Options :

1. ✘ Brain
2. ✘ Skin
3. ✘ Kidneys
4. ✔ Skeletal muscle

Question Number : 2 Question Id : 35918115512 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Fibres with small cross sectional area are

Options :

1. ✔ slow twitch
2. ✘ Medium Twitch
3. ✘ fast Twitch
4. ✘ None

Question Number : 3 Question Id : 35918115513 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Cryotherapy is the first aid treatment given for

Options :

1. ✘ Sprain
2. ✘ Strain
3. ✘ Bleeding Wound
4. ✔ All of them

Question Number : 4 Question Id : 35918115514 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Biggest Artery of Human Body

Options :

1.  Femoral Artery
2.  Radial Artery
3.  Carotid Artery
4.  Aorta

Question Number : 5 Question Id : 35918115515 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Which Blood Cells have no nucleus

Options :

1.  WBC
2.  RBC
3.  Thrombocytes
4.  Platelets

Question Number : 6 Question Id : 35918115516 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

2018 Winter Olympics Held at

Options :

1.  Sappora
2.  Nagona
3.  Sochi
4.  Pyeong Chang

Question Number : 7 Question Id : 35918115517 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Which year International Olympic Committee formed

Options :

1. ☒ 1894

2. ☐ 1896

3. ☐ 1895

4. ☐ 1893

Question Number : 8 Question Id : 35918115518 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Thomas Bach President of International Olympic Committee belongs to which country.

Options :

1. ☐ USA

2. ☒ Germany

3. ☐ Spain

4. ☐ Australia

Question Number : 9 Question Id : 35918115519 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Who won the men's 100 metres race the first event run at the modern Olympics, on 6 April 1896.

Options :

1. ☒ Thomas Burke

2. ☐ Fritz Hofman

3. ☐ Thomas Curtis

4. ☐ Francis

Question Number : 10 Question Id : 35918115520 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Physical Education is a fundamental right to every citizen is included in

Options :

1. ✘ SNIPES Charter
2. ✘ WHO
3. ✔ UNESCO Charter
4. ✘ HRD Charter

Question Number : 11 Question Id : 35918115521 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

F- Ratio is used to compare

Options :

1. ✘ More than two standard deviation
2. ✘ Less than two Means
3. ✔ More than 2 Means
4. ✘ One mean

Question Number : 12 Question Id : 35918115522 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Fartlek Training is used to develop.

Options :

1. ✘ Strength
2. ✘ Agility
3. ✘ Co-ordination

4. Endurance

Question Number : 13 Question Id : 35918115523 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical
Correct : 1 Wrong : 0

Meso Cycle involves Training

Options :

1.  6-8 weeks

2.  3-6 weeks

3.  5-7 weeks

4.  None

Question Number : 14 Question Id : 35918115524 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical
Correct : 1 Wrong : 0

Which Official is responsible for correct conduct of Athletics Competition.

Options :

1.  Competition Director

2.  Referee

3.  Judge

4.  Meeting Manager

Question Number : 15 Question Id : 35918115525 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical
Correct : 1 Wrong : 0

How many Byes in knock out tournament when 10 teams are participating.

Options :

1.  4

2.  5

3. ✖ 8

4. ✔ 6

Question Number : 16 Question Id : 35918115526 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Second Wind is a phenomenon

Options :

1. ✖ Sprints

2. ✖ Jumps

3. ✖ Throws

4. ✔ Distance Running

Question Number : 17 Question Id : 35918115527 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

The Cagers are

Options :

1. ✖ Hockey Players

2. ✖ Volley Ball Players

3. ✔ Basket Ball Players

4. ✖ Foot Ball Players

Question Number : 18 Question Id : 35918115528 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Instrument measuring joint Range of motion

Options :

1. ✖ Stadiometer

2. ✔ Goniometer

3.  dynamometer

4.  all of them

Question Number : 19 Question Id : 35918115529 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Which official in Athletics furnish appropriate certificates to the Technical Manager before the Competition.

Options :

1.  Referee

2.  Competition Director

3.  Umpire

4.  Official Surveyor

Question Number : 20 Question Id : 35918115530 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

What is Education Technology.

Options :

1.  study and ethical practice of facilitating learning

2.  study of development and care of the body

3.  Education about Health

4.  All of them

Question Number : 21 Question Id : 35918115531 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Teacher – Centered teaching

Options :

1.  Direct Teaching

- 2. ✖ In Direct Teaching
- 3. ✖ Movement exploration
- 4. ✖ None of them

Question Number : 22 Question Id : 35918115532 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

How many Hurdle Jumps in the 3000 M Steeple Chase Run

Options :

- 1. ✖ 35
- 2. ✖ 30
- 3. ✔ 28
- 4. ✖ 32

Question Number : 23 Question Id : 35918115533 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

The concept of Yoga correct way to live the life and receive good Karma.

Options :

- 1. ✖ Karma
- 2. ✔ Dharma
- 3. ✖ Swadharma
- 4. ✖ None of them

Question Number : 24 Question Id : 35918115534 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

The Concept of Yoga to translate the memories.

Options :

- 1. ✔ Samskara

2. ✖ Vasana
3. ✖ kriya
4. ✖ None of them

Question Number : 25 Question Id : 35918115535 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Largest joint in Human Body

Options :

1. ✖ Shoulder Joint
2. ✔ Knee Joint
3. ✖ Ankle Joint
4. ✖ Hip Joint

Question Number : 26 Question Id : 35918115536 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

The Harvard Step Test is used to diagnose the

Options :

1. ✖ Speed
2. ✖ Strength
3. ✖ Agility
4. ✔ Cardio Vascular disease

Question Number : 27 Question Id : 35918115537 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Test in Physical Education

Options :

1. ✖ Collection of Data

- 2. ✖ collection of information
- 3. ✔ assess the status of skill or knowledge or attitude
- 4. ✖ None of them

Question Number : 28 Question Id : 35918115538 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical
Correct : 1 Wrong : 0

Test Items in JCR Test

Options :

- 1. ✖ Long Jump, Chining and Shuttle Run
- 2. ✖ Vertical Jump, Chinning and 10 x 10 Y Shuttle Run
- 3. ✔ Jumping, Chinning and Running – 600 Yard
- 4. ✖ None of them

Question Number : 29 Question Id : 35918115539 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical
Correct : 1 Wrong : 0

Barrow motor Ability Test

Options :

- 1. ✖ Senior High School Students
- 2. ✔ College Men and Women
- 3. ✖ Primary School Students
- 4. ✖ All of them

Question Number : 30 Question Id : 35918115540 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical
Correct : 1 Wrong : 0

Which Computer Technology assists to give Review Decision in Cricket.

Options :

1.  Hawk Eye
2.  Bull Eye
3.  Smart Eye
4.  All of them

Question Number : 31 Question Id : 35918115541 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

The Smallest Blood Vessels in the body.

Options :

1.  Veins
2.  Arteries
3.  Capillaries
4.  None of them

Question Number : 32 Question Id : 35918115542 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Which Doping Agent remove water from the body

Options :

1.  Anabolic Steroids
2.  Beta Blockers
3.  Amphetamines
4.  Diuretics

Question Number : 33 Question Id : 35918115543 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Glucose is the primary source of Energy from

Options :

1. ✘ Protein
2. ✔ Carbohydrates
3. ✘ Fats
4. ✘ Vitamins

Question Number : 34 Question Id : 35918115544 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Massage involving a repeated circular stroking movement made with the palm of the hand.

Options :

1. ✘ Kneading
2. ✘ Stroking
3. ✔ Effleurage
4. ✘ All of them

Question Number : 35 Question Id : 35918115545 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

The state of being in good health, especially as an actively pursued goal.

Options :

1. ✘ Mental Health
2. ✔ Wellness
3. ✘ Wholesome Personality
4. ✘ None of them

Question Number : 36 Question Id : 35918115546 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

How many Vertebra in Cervical Region

Options :

1. ✖ Three

2. ✖ Nine

3. ✖ Five

4. ✔ Seven

Question Number : 37 Question Id : 35918115547 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Beijing 2008 Olympics Motto

Options :

1. ✖ One World

2. ✔ One World, One Dream

3. ✖ Live as One

4. ✖ All of them

Question Number : 38 Question Id : 35918115548 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

The Instrument which measures the Blood Pressure

Options :

1. ✔ Sphygmomanometer

2. ✖ Dynamometer

3. ✖ Flexometer

4. ✖ None of them

Question Number : 39 Question Id : 35918115549 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Diarthroses means

Options :

1. ✖ Immovable joints
2. ✔ Freely Moveable Joints
3. ✖ Slightly moveable joint
4. ✖ None of them

Question Number : 40 Question Id : 35918115550 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Mean of Measures of Central Tendency

Options :

1. ✖ Middle Point
2. ✔ Average
3. ✖ Frequent Scores
4. ✖ All of them

Question Number : 41 Question Id : 35918115551 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

A Race in which two or more Competitors finish in a Tie in Athletics.

Options :

1. ✖ Re Run
2. ✔ Dead Heat
3. ✖ Final Run
4. ✖ All of them

Question Number : 42 Question Id : 35918115552 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Which of the following statutory bodies regulate the teacher training aspect of Physical Education.

Options :

1. ✖ UGC
2. ✔ NCTE
3. ✖ NAAC
4. ✖ All of them

Question Number : 43 Question Id : 35918115553 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

There is no muscle contract during the Exercise.

Options :

1. ✖ Isotonic
2. ✖ Ballistic
3. ✔ Isometric
4. ✖ Isokinetic

Question Number : 44 Question Id : 35918115554 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

The movement called “Plantar Flexion” occurs only in :

Options :

1. ✖ Knee
2. ✖ Hip
3. ✔ Ankle
4. ✖ All of them

Question Number : 45 Question Id : 35918115555 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Achilles tendonitis is the injury occurs.

Options :

1. ☒ Lower back of the leg just above the heel
2. ☐ Lower back of the thigh
3. ☐ Lower back of Hip
4. ☐ None of them

Question Number : 46 Question Id : 35918115556 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Tennis Elbow Injury.

Options :

1. ☒ Inflammation of Tendons
2. ☐ Inflammation of Ligaments
3. ☐ Inflammation of Capillaries
4. ☐ All of them

Question Number : 47 Question Id : 35918115557 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Test of Significant is used for comparing two means.

Options :

1. ☐ F - Test
2. ☐ Chi-Square Test
3. ☐ Correlation
4. ☒ t-test

Question Number : 48 Question Id : 35918115558 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

What is autogenic training

Options :

1. ✘ Physical training
2. ✘ Self Training
3. ✔ Relaxation Technique
4. ✘ None of them.

Question Number : 49 Question Id : 35918115559 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

State of complete physical, mental and social well-being and not merely the absence of disease or infirmity.”

Options :

1. ✔ Health
2. ✘ All round development
3. ✘ Mind
4. ✘ None of them

Question Number : 50 Question Id : 35918115560 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Leisure Management related

Options :

1. ✘ Match
2. ✘ Play
3. ✔ Recreation
4. ✘ None of them

Question Number : 51 Question Id : 35918115561 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

The amount of extra oxygen required by muscle tissue during recovery from vigorous exercise.

Options :

1. ✘ An Aerobic
2. ✔ Oxygen Debt
3. ✘ Aerobic
4. ✘ None of them

Question Number : 52 Question Id : 35918115562 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Newton's third Law

Options :

1. ✔ For every action, there is an equal and opposite reaction.
2. ✘ Behavior of objects on force
3. ✘ constant speed
4. ✘ All of them

Question Number : 53 Question Id : 35918115563 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

The systematic investigation into and study of materials and sources in order to establish facts and reach new conclusions.

Options :

1. ✔ Research
2. ✘ Scientific Knowledge
3. ✘ Case Study
4. ✘ All of them

Question Number : 54 Question Id : 35918115564 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

What is hypothesis in research

Options :

1. ✖ Limitations of Study
2. ✖ Statement of study
3. ✖ Objectives of study
4. ✔ specific statement of prediction.

Question Number : 55 Question Id : 35918115565 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Linear momentum is known as

Options :

1. ✔ Angular momentum
2. ✖ Circular momentum
3. ✖ Opposite Momentum
4. ✖ None

Question Number : 56 Question Id : 35918115566 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Emotional Tension resulting from blocking the desire.

Options :

1. ✖ Motivation
2. ✖ Activation
3. ✔ Frustration
4. ✖ All of them

Question Number : 57 Question Id : 35918115567 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

The scientific study of the measurements and proportions of the human body

Options :

1. ✘ Anthropology
2. ✔ Anthropometry
3. ✘ Cytology
4. ✘ All of them

Question Number : 58 Question Id : 35918115568 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Which organ produces insulin

Options :

1. ✘ Liver
2. ✘ Kidney
3. ✔ Pancreas
4. ✘ All of them

Question Number : 59 Question Id : 35918115569 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

The age in years, months and days is known as

Options :

1. ✘ Anatomical Age
2. ✔ Chronological Age
3. ✘ Psychological age
4. ✘ None of them

Question Number : 60 Question Id : 35918115570 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

The study of the development, structure, and functioning of human society.

Options :

1. ✘ Psychology
2. ✔ Sociology
3. ✘ Theology
4. ✘ None of them

Question Number : 61 Question Id : 35918115571 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Learning, teaching and instruction in sport, physical education and related areas of physical activity

Options :

1. ✘ Sports Coaching
2. ✔ Sports Pedagogy
3. ✘ Sports Training
4. ✘ None of them

Question Number : 62 Question Id : 35918115572 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

The immediate source of energy.

Options :

1. ✔ ATP
2. ✘ Carbohydrate
3. ✘ Fat

4. ✖ None of them

Question Number : 63 Question Id : 35918115573 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

300 Yard Shuttle Test (12 x 25 yards) for

Options :

1. ✖ Speed

2. ✖ Aerobic Endurance

3. ✔ An Aerobic Endurance

4. ✖ None of them

Question Number : 64 Question Id : 35918115574 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

The shortening of muscle during the contraction is called as

Options :

1. ✖ Eccentric Contraction

2. ✖ Istatic Contraction

3. ✖ Isometric Contraction

4. ✔ Concentric Contraction

Question Number : 65 Question Id : 35918115575 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

The chemical synapse formed by the contact between a motor neuron and a muscle fiber.

Options :

1. ✖ An Aerobic Threshold

2. ✔ Neuro Muscular Junction

3. ✖ Nerves

4. ✖ None

Question Number : 66 Question Id : 35918115576 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Shin Splints Occur in

Options :

1. ✔ Lower Leg

2. ✖ Upper Leg

3. ✖ Back

4. ✖ Shoulder

Question Number : 67 Question Id : 35918115577 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

FIBA Asia Championship related to which game.

Options :

1. ✖ Badminton

2. ✖ Boxing

3. ✔ Basket Ball

4. ✖ None of them

Question Number : 68 Question Id : 35918115578 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

The ability to convey or share ideas and feelings effectively

Options :

1. ✔ Communication Skills

2. ✖ Language skills

3. ✖ sharing Knowledge

4. ✖ None of them

Question Number : 69 Question Id : 35918115579 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Stadiometer is used to measure

Options :

1. ✖ Weight

2. ✖ Fat

3. ✔ Height

4. ✖ All of them

Question Number : 70 Question Id : 35918115580 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Knee cartilage injuries are commonly associated with

Options :

1. ✖ Swimming

2. ✔ Foot Ball

3. ✖ Boxing

4. ✖ Fencing

Question Number : 71 Question Id : 35918115581 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Asian Games 2018 in Indonesia will be held from

Options :

1. ✖ 10 Aug to 28 Aug 2018

2. ✖ 16th to 30th August 2018

3. ✖ 20th August to 4th September 2018

4. ✔ 18th Aug to 2nd Sep 2018

Question Number : 72 Question Id : 35918115582 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Motto of Olympic Games 2020 at Tokyo, Japan

Options :

1. ✖ All is one

2. ✔ Discover Tommorrow

3. ✖ World is one

4. ✖ None of them

Question Number : 73 Question Id : 35918115583 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

When can a bonus point be given in Kabaddi Match

Options :

1. ✖ More than 3 Players

2. ✔ More than 5 Players

3. ✖ More than 4 Players

4. ✖ All of them

Question Number : 74 Question Id : 35918115584 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Chinaman is word associated with

Options :

1. ✖ Table Tennis

2. ✖ Foot Ball

3. ✓ Cricket

4. ✗ All of them

Question Number : 75 Question Id : 35918115585 Question Type : MCQ Option Shuffling : Yes Display Question Number : Yes
Single Line Question Option : No Option Orientation : Vertical

Correct : 1 Wrong : 0

Rickets is a bone disorder caused by a deficiency

Options :

1. ✓ vitamin D, calcium, or phosphate.

2. ✗ Carbohydrates

3. ✗ Fats

4. ✗ None of them