

Reg. No.....

(Pages : 4)

S.U. 3595

Name.....

M.P.E.S. ENTRANCE EXAMINATION, MAY 2022

Time : Two Hours

Maximum Marks : 50

Part A

Choose the correct answer from the following

Each question carries 1 Mark

1. One type of training results in the improvement of one factor only, this is called
 - (a) Specificity of Load
 - (b) Continuity of load
 - (c) Adaptation of Load
 - (d) Heterochronicity of load
2. A disease which reduces density of bone.
 - (a) Osteoporosis
 - (b) Rickets
 - (c) Osteogenesis
 - (d) Ossification
3. Largest gland in human body.
 - (a) Thyroid gland
 - (b) Liver
 - (c) Pituitary gland
 - (d) Adrenal gland
4. Which is the smallest bone in the human body.
 - (a) Pisiform
 - (b) Scaphoid
 - (c) Stapes
 - (d) Malleus
5. The objective Organic Fitness actually refers to fitness of
 - (a) the limbs
 - (b) organism as a whole
 - (c) the visceral organs
 - (d) various systems of the body
6. Which of the following are basically inherited ?
 - (a) qualities of character
 - (b) traits of personality
 - (c) social attributes
 - (d) cultural qualities
7. Structural and functional unit of kidney is
 - (a) Nephron
 - (b) Neuron
 - (c) Mitochondria
 - (d) Epidermis.

Turn over