

Class – V

First Cycle

G.Science

Assignment-2 (2013-14)

Topic – FOOD & HEALTH

Q.1) Fill in the blanks

- a. We need a _____ diet to stay healthy.
- b. _____ can protect against diseases like Polio, Measles and Mumps.
- c. The spread of _____ diseases can be prevented by keeping clean.
- d. Polio and chickenpox is caused by _____.
- e. Beri - Beri is a disease caused by the deficiency of _____.
- f. The deficiency of iodine is called _____.
- g. _____ & _____ are rich sources of Iron.
- h. Milk, Pulses & Fish are rich sources of _____.
- i. Typhoid & Plague are caused by _____.
- j. HIV is a virus that attacks the _____ system.

Q.2) Define:-

- a. Deficiency diseases.
- b. Communicable diseases.
- c. Pasteurization
- d. Vaccination