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National Council Of Educational Research  
And Training

# NCERT Solutions for 4th Class English (Poem):Chapter 5- RUN!



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## NCERT Solutions for 4th Class English (Poem): Chapter 5-RUN!

Class 4: English (Poem) Chapter 5 solutions. Complete Class 4 English (Poem)  
Chapter 5 Notes.

### NCERT Solutions for 4th Class English (Poem): Chapter 5-RUN!

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**Reading is Fun**

**1. What does the poem tell us to do?**

**Ans.** The poet tells us to run throughout the day away from the city towards the countryside

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**2. Write about the places where the poet wants us to run.**

**Ans.** The poet wants us to run towards the countryside, under the trees, down the hillside, up the street through the meadow.

**Let's Talk**

**1. Do you like to play and run about? Why?**

**Ans.** Yes, I like to play and run about because both these activities make me happy and healthy.

**2. Running is a very good exercise. Name any three games that you play in which you have to run.**

**Ans.** Cricket, Kabaddi and Race.

**3. When you run fast, what do you feel is happening to your body?**

**Ans.** When I run fast, I feel that my heart beat increases and the whole body gets warm up.

**Say Aloud**

**beneath    breeze    meet**

**fear        each        meadow**

**Ans.** Practice several times.

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**Let's Spell**

**Some letters are missing in each word.**

**Write ee or ea in each word.**

**Ans**

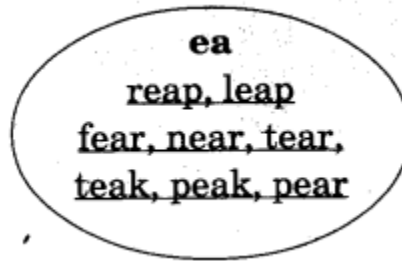
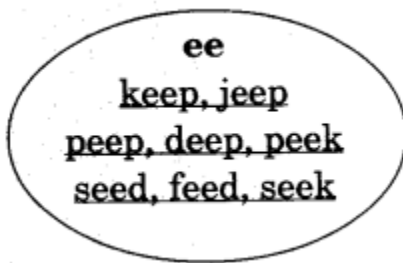
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t r e e s  
p l e a s e  
t e a s e  
t e a c h

s l e e p  
b e e p  
f e e t  
m e a t

- Now add more words with ee and ea and put them inside the bubbles.

Ans.



### Let's Listen

1. Say the words aloud one by one. Follow the instructions and move your body accordingly.

**Shoulders**      Move them up and down.

**Feet**              Walk forward and backward.

**Run**                Fast and slow.

**Hands**             Move them left and right.

2. Now Jump, hop, march and tiptoe

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**Ans.** Do it yourself.

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### **Let's Write**

**1. Answer the questions by looking at the picture on the opposite page.**

#### **Example :**

What is happening in picture 5?

The girl is diving into the water.

(i) What is Mohan practising in picture 4?

He is practising high jump.

(ii) What are Anil and his friends pulling in picture 3?

They are pulling a rope.

(iii) Where are the boats racing in picture 2?

They are racing in a river.

(iv) What are the boys doing in picture 1?

They are running race.

(v) What are the girls doing in picture 6?

They are swimming.

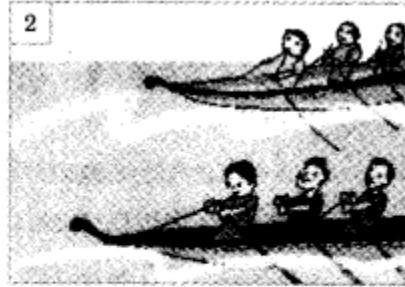
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2. Now make one more question for each picture. Write the question in the space below each picture. Use how many, what are, where are/is, how, why, to make questions.

Ans.



How many boys are running the race?



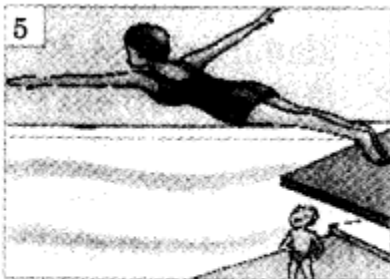
What are the boys doing?



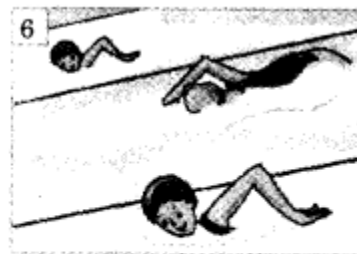
Why are the boys pulling the rope?



What is Mohan doing?



What is the girl doing?



How many girls are swimming?

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# Chapterwise NCERT Solutions for Class 4 English :

- Unit 1
- Chapter 1 Wake Up!
- Chapter 2 Neha's Alarm Clock
- Unit 2
- Chapter 3 Noses
- Chapter 4 The Little Fir Tree
- Unit 3
- Chapter 5 Run!
- Chapter 6 Nasruddin's Aim
- Unit 4
- Chapter 7 Why?
- Chapter 8 Alice in Wonderland
- Unit 5
- Chapter 9 Don't be Afraid of the Dark
- Chapter 10 Helen Keller
- Unit 6
- Chapter 11 The Donkey I Had A Little Pony
- Chapter 12 The Milkman's Cow
- Unit 7
- Chapter 13 Hiawatha
- Chapter 14 The Scholar's Mother Tongue
- Unit 8
- Chapter 15 A Watering Rhyme
- Chapter 16 The Giving Tree
- Unit 9
- Chapter 17 Books
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- Unit 10
- Chapter 19 The Naughty Boy
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The National Council of Educational Research and Training is an autonomous organization of the Government of India which was established in 1961 as a literary, scientific, and charitable Society under the Societies Registration Act. The major objectives of NCERT and its constituent units are to: undertake, promote and coordinate research in areas related to school education; prepare and publish model textbooks, supplementary material, newsletters, journals and develop educational kits, multimedia digital materials, etc. Organise pre-service and in-service training of teachers; develop and disseminate innovative educational techniques and practices; collaborate and network with state educational departments, universities, NGOs and other educational institutions; act as a clearing house for ideas and information in matters related to school education; and act as a nodal agency for achieving the goals of Universalisation of Elementary Education. In addition to research, development, training, extension, publication and dissemination activities, NCERT is an implementation agency for bilateral cultural exchange programmes with other countries in the field of school education. Its headquarters are located at Sri Aurobindo Marg in New Delhi. [Visit the Official NCERT website](#) to learn more.

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